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TUESDAY, MAY 20, 2025



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Supreme Court Brings Parity in Pensions for All High Court Judges

NEW DELHI, MAY 19 2025

PRATIKSHA GHOSH

In a significant ruling aimed at eliminating disparities in post-retirement benefits, the Supreme Court on Monday applied the principle of 'One Rank, One Pension' to all High Court judges both permanent as well as additional—ensuring uniformity in pension and retirement benefits.

A Bench led by Chief Justice of India B.R. Gavai held that all retired judges of High Courts are entitled to full pension, irrespective of their date of retirement, length of service, or whether they entered the judiciary through the Bar or the judicial service.

We hold that any discrimination among judges for terminal benefits after retirement is violative of Article 14 of the Constitution," the Bench highlighted while delivering the judgment.

The apex court directed the Centre to pay an annual pension of ₹15 lakh to retired Chief Justices of High Courts and ₹13.6 lakh to other judges, including those who served as additional judges. The ruling also ensures family pension for the spouses of retired judges without distinction.

The judgment therefore, came in a suo motu case initiated by the Court, along with a batch of petitions filed by retired judges challenging the differential pension benefits based on their service history.

Addressing another long-standing issue, the Court ruled that retired High Court judges who previously served as district judges must be paid full pension, regardless of any break in service between their retirement from the lower judiciary and elevation to the High Court.



Significantly, the Court also extended relief to judges who were part of the New Pension Scheme (NPS) during their service in the district judiciary. The Bench ordered the Centre to ensure they receive full pension benefits and directed state govern-

ments to refund all NPS contributions along with accrued dividends.

The verdict is expected to impact several retired judges and is seen as a major step toward ensuring equality and fairness in the judiciary's post-retirement benefits.

Obesity is now a world wide health issue

NEW DELHI, MAY 19 2025

JAZZBAT NEWS NETWORK

Obesity is a chronic complex disease defined by excessive fat deposits that can impair health. Obesity can lead to increased risk of type 2 diabetes and heart disease, it can affect bone health and reproduction, it increases the risk of certain cancers. Obesity influences the quality of living, such as sleeping or moving.

The diagnosis of overweight and obesity is made by measuring people's weight

and height and by calculating the body mass index (BMI): weight (kg)/height² (m²). The body mass index is a surrogate marker of fatness and additional measurements, such as the waist circumference, can help the diagnosis of obesity.

It is a health challenge now in India too.

Obesity in India has reached epidemic proportions in the 21st century, with morbid obesity affecting 5% of

the country's population. India is following a trend of other developing countries that are steadily becoming more obese. Unhealthy, processed food has become much more accessible following India's continued integration in global food markets. This, combined with rising middle class incomes, is increasing the average caloric intake per individual among middle class and high income households.

According to a recent

cross-sectional study of more than 100,000 individuals conducted by the ICMR, (ICMR-INDITAB-17) the prevalence of generalized obesity was 28.6% and abdominal obesity 39.5%. In a published study lead by the author in 6 districts of Kashmir valley its prevalence in the rural population was 26% in men and 30% in women.

Obesity is definitely becoming a major health challenge of our times.

YouTuber Dharmendra Chauhan Fatally Shot in Jhajjar Village

JHAJJAR, HARYANA, MAY 19 2025

JAZZBAT NEWS NETWORK

A shocking incident unfolded on Sunday night in Lohari village, located in Haryana's Jhajjar district, where a YouTuber was shot dead by unidentified assailants.

The victim, Dharmendra Chauhan, was reportedly out for a walk after dinner when he was approached by armed men. Without any warning, they shot him in the head at close range before fleeing the scene. Local authorities have launched an investigation.

According to Machhrauli Police Station SHO Parveen,

the footage from the vicinity is being examined, and the victim's family has named a few individuals they suspect might be involved. However, the exact motive behind the attack remains unknown.

Tapasvi Sharma, president of the Janmanch Patrakar Sangh in Jhajjar, strongly criticised the incident. He says that the organisation plans to meet senior police officials to demand swift action and ensure those responsible are brought to justice.

A case has been registered, and police efforts to track down the culprits are underway.



Young AI Engineer Found Dead in Bengaluru, Allegations of Toxic Work Culture Surface

BENGALURU, MAY 19, 2025

PRATIKSHA GHOSH

The body of 25-year-old Nikhil Somwanshi, a machine learning engineer at Krutrim, Ola's artificial intelligence venture, was found in Agara Lake, Bengaluru, on May 8—nearly two weeks after his reported death. Amid the discovery, serious concerns about toxic workplace practices at Krutrim have come to light, with many alleging that the young engineer died by suicide due to extreme work-related stress.

Somwanshi joined Krutrim in August 2024 after completing his master degree from the Indian Institute of Science (IISc), Bengaluru, where he graduated with an impressive GPA of 9.30. During his time at IISc, he worked on an advanced AI chatbot project—based on large language models and retrieval-augmented generation—titled "Sathi," which was backed by the Melinda Gates Foundation.

Online forums, especially Reddit, have since been flooded

with posts suggesting that Somwanshi was under intense mental stress, reportedly due to the behavior of his manager. A Reddit user, posting under the handle Kirgawakutzo, accused U.S.-based manager Rajkiran Panuganti of fostering a harmful and psychologically unsafe workplace, alleging verbal abuse and erratic behavior that drove multiple employees to resign.

Media outlets including the Financial Express and Business Standard have also reported this type of disturbing testimonial from current and former Krutrim staff. One employee described frequent instances of verbal outbursts during meetings, while another claimed they resigned without another job offer due to unbearable pressure that led them to experience suicidal thoughts.

Krutrim has responded by expressing deep sorrow over Somwanshi's death, stating that they are cooperating fully with the ongoing investigation. The company noted that Somwanshi had been on leave



during the period leading up to his death.

According to the company, "He initially requested leave to his manager on April 8 due to fatigue, which was granted immediately. Further, On April 17, Mr Nikhil reportedly informed his manager that he was feeling better but needed additional rest, which was also approved."

Despite the company's statement, further Reddit posts allege that toxic managerial conduct continued even after the news of Somwanshi's death became known within the organization.

An FIR has been filed, and investigations into the circumstances surrounding Somwanshi's death—and the workplace allegations—are ongoing.

District Magistrate Dr. Ashish Chauhan Writes a New Chapter in Child Safety and Awareness

A Strong Step Toward Safety Through Education

MAY 19, 2025

PAURI GARHWAL

In response to the increasing incidents of leopard and wildcat attacks, District Magistrate Dr. Ashish Chauhan has launched a remarkable initiative, especially for school-going children. To ease the fear among students and parents, lessons on "how to stay safe from leopards" are now being taught in schools. Soon, additional lessons on cybercrime, drugs, and the POCSO Act will also be introduced.

Dr. Chauhan, using education as a medium for safety, collaborated with the District Institute of Education and Training (DIET) and the education department to design a unique curriculum focused on protection from leopards and wild animals. This book includes practical tips, safety measures, and wildlife awareness content presented in a simple and engaging format. The initiative received praise from Chief Minister Pushkar Singh Dhami, who officially launched the book during the Vaikunth Chaturdashi Mela in 2024. It is now being taught across district

schools, boosting children's confidence and bringing peace of mind to parents.

Dr. Chauhan's initiative doesn't stop there. He has also directed DIET and the education department to prepare special courses on drug prevention, the POCSO Act, and cybercrime awareness. These materials, which are in the final stages of development, will soon be part of the school curriculum. The new content includes chapters on the harmful effects of drugs, relevant legal provisions, methods to avoid cyber fraud, and practical advice on digital safety and privacy. This education will not only help keep children safe but also shape them into responsible citizens.

Dr. Ashish Chauhan emphasized that due to the rising threat of leopard attacks, it became essential to equip children with practical knowledge on how to stay alert and protect themselves. That led to the creation of this specialized curriculum, now being taught in schools. He added



that raising awareness among children and youth on critical issues like drugs, cybercrime, and the POCSO Act is equally important. The aim is to ensure every child becomes not just academically strong, but also socially and digitally aware and secure.

Principal of DIET, Swaraj Singh Tomar, shared that under the guidance of the Dis-

trict Magistrate, DIET and the education department have created this safety-focused curriculum. It provides practical awareness so that children can stay vigilant in forests or risky areas. Curricula on sensitive topics like drugs, the POCSO Act, and cybercrimes have also been prepared and will soon be included in the regular school syllabus.

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India Clinch SAFF U-19 Title in Dramatic Penalty Shootout Against Bangladesh

PRATIKSHA GHOSH

YUPIA (ARUNACHAL PRADESH), MAY 19 2025

In a thrilling finale packed with intensity, drama, and nail-biting moments, India has successfully defended their SAFF U-19 Championship title, edging out Bangladesh 4-3 on penalties after a 1-1 draw in regulation time. The showdown took place at the Golden Jubilee Stadium, where a pulsating crowd witnessed a clash that kept everyone on the edge of their seats.

The hosts made a lightning start, seizing the lead within the opening two minutes. Captain Singamayum Shami, demonstrating quick awareness, unleashed a curling free-kick from long range that flew past Bangladesh goalkeeper Md Ismail Hossain Mahin, who managed to get a glove on it but couldn't stop the ball from rippling the net.

India continued to dominate proceedings in the opening half, creating multiple chances to double their advantage. Winger Omang Dodum nearly added to the tally with a brilliant solo run, only to be denied by a sharp save from Mahin. However, India's inability to convert those chances would later prove costly.

Bangladesh slowly found their rhythm, gradually applying pressure and growing into the game. Their persistence paid off in the 61st minute when a scrappy corner led to chaos inside the Indian penalty area. Md Joy Ahamed reacted quickest, smashing home the equaliser and scoring the first goal India had conceded in the tournament.

The remainder of the match saw both teams trying to break the deadlock, but the game turned more physical, with clear chances hard to come by. With neither side able to find a winner, the match went to penalties — a true test of nerve and composure.



The shootout saw its share of tension and heartbreak. India faltered early as Rohan Singh's tame effort was saved, handing the advantage to Bangladesh. But fate turned in India's favour when Bangladesh captain Nazmul Huda Faysal fired his shot over the bar.

India capitalised on the reprieve, with Arbash, Rishi Singh, Jodric Abranches, and Shami all converting their penalties. Indian goalkeeper Suraj Singh Aheibam then made a crucial save, diving to his left to keep out Salahuddin Sahed's attempt.

With the trophy in sight, Shami stepped up for the final spot-kick. Displaying the same calmness he showed in open play, the skipper confidently slotted the ball home, sealing a dramatic victory and sparking jubilant celebrations among teammates and fans.

For India, it was a title earned through grit, determination, and moments of brilliance. Coach Bibiano Fernandes and his boys held their nerve when it mattered most, ensuring that the SAFF U-19 crown remains with the Blue Colts for another year.

US Embassy Issues Critical Alert for Indian Travelers

PRATIKSHA GHOSH

NEW DELHI, MAY 19, 2025



The US Embassy in India has issued a stark alert to Indian nationals traveling on visas. In a recent social media post of "X", the embassy warned that a brief overstay can lead to deportation and a permanent ban from re-entering the country.

The Embassy wrote on twitter, "If you remain in the United States beyond your authorised period of stay, you could be de-

ported and face a permanent ban on traveling to the United States in the future".

This warning comes as part of a broader immigration crackdown under President Donald Trump's administration.

The US Citizenship and Immigration Services (USCIS) has also emphasised that having a valid visa or green card is no guarantee against deportation, especially for individuals who are engage in activities that

threaten national security or public safety.

The Trump administration has been taking a hardline stance on immigration, with measures including national emergencies, increased deportation flights, and reforms to the H-1B visa program. They emphasised that Indian nationals traveling to the US on tourist, student, or work visas are being urged to comply with their visa terms and US laws to avoid severe consequences.

MLA Visits Flooded Area of JCB as Bengaluru Turns into 'Venice'

PRATIKSHA GHOSH

BENGALURU, MAY 19 2025



Bengaluru has been brought to its knees by relentless rain, with the city's infrastructure buckling under the pressure.

The India Meteorological Department's issues an 'orange' alert for heavy rainfall for both north and south of Karnataka. Several districts, including Bengaluru Urban and Rural, Kolar, Hassan, Mysore, Balagavi, Mandya, Raichur and others, struggle to cope with the deluge. Residents have been

forced to wade through knee-deep waters, while vehicles have stalled and homes have been inundated. Local MLA B Basavraj's JCB jaunt through flooded Sai Layout highlighted the severity of the situation.

Netizens, meanwhile, have taken to social media like twitter "x" to vent their frustrations on government, with one user quipping in social media, "Looks like BBMP officials have transformed Bengaluru into Venice - guess we'll need boats to get around!"

Another post says "This water was meant to fill Bellander and Varthur lakes. But over 2 years, our honest government has been busy filling its pockets instead of desilting the lakes".

The IMD has warned of continued heavy rainfall, citing a cyclonic circulation over the region. With the city's drainage system overwhelmed and traffic grinding to a halt, Bengaluru's residents can only hope for a swift return to normalcy.

DC Kulgam, MD JJM Review Jal Jeevan Mission Implementation in the District

DANISHWAR HAMEED

KULGAM, MAY 19



Deputy Commissioner (DC) Kulgam, Athar Aamir Khan (IAS), along with Mission Director, Jal Jeevan Mission (JJM), Khurshid Ahmad Shah, today jointly chaired a comprehensive review meeting to assess the progress and implementation status of the Jal Jeevan Mission in the district.

During the meeting, it was informed that out of 203 approved works under JJM in Kulgam, 108 have been completed, while the remaining projects are at various stages of execution.

Executive Engineers and concerned officials were directed to ensure the time-bound completion of all pending schemes,

with strict adherence to quality standards. The Mission Director stressed the importance of real-time monitoring and transparency, instructing officers to promptly upload project data on the Gati Shakti Portal.

Reviewing the status of Rapid Sand Filtration Plants (RSFPs), the officers directed KPDCL to ensure that all pending power connections are completed within a week to facilitate their commissioning.

Further, field functionaries and project staff were directed to conduct regular inspections of ongoing works to ensure timely execution and accountability on the ground.

The Executive Engineer (Water Qual-

ity) was instructed to expedite water quality testing in all schools, Anganwadi centres, and individual households. Emphasizing community involvement, it was directed that at least five women from each village's Pani Samiti be trained in water quality testing to promote grassroots-level monitoring.

The Chief Chemist was also directed to oversee water testing as per the revised protocols, ensuring safe and clean drinking water to all.

The meeting was attended by SE Hydraulic, Assistant Commissioner Development (ACD), Executive Engineers, AEEs, JEs, and other concerned officers.

JKCS Hosts 'TOGETHER STRONGER' Program to Promote Unity and Collective Social Responsibility

THE JAZZBAAT NEWS DESK

SRINAGAR, MAY 19, 2025

The Jammu and Kashmir Civil Society (JKCS) organized a thought-provoking and inclusive program titled 'TOGETHER STRONGER' at the Hat Trick Bouquet Hall, Rajbagh, aimed at fostering unity, compassion, and continuous social engagement across all sections of society.

The event witnessed active participation from prominent religious scholars, educationists, and social activists including Mufti Nasir-ul-Islam, Mr. Rouf Panjabi, Mr. G.N. War, Sheikh Firoz, Dr. Adil, Mr. Mujeeb Masoodi, Mr. Mujtaba Nazki, Mr. Babar Choudhry, Dr. Gulzar Ahmad MD Shifa hospital, and several other respected voices from social and trade communities.

The meeting unanimously stressed the need for permanent unity and solidarity beyond times of natural or man-made crises. It was emphasized that even if an individual

suffers, the whole society must stand with him, recognizing that no issue is too small to be ignored when seen from the lens of collective responsibility.

In a generous gesture, Dr. Gulzar Ahmad announced free medical services for patients in areas recently affected by incidents near the borders. Mr. G.N. War also assured educational assistance to students from these affected regions.

Addressing concerns of those impacted by the recent incidents, Chairman JKCS Mr. Imtiaz Chashti urged the Tourism Industry to stand firmly with its workforce, particularly Tourist Taxi operators, and proposed they be temporarily accommodated as public transport service providers. He also appealed to the Transport Commissioner to facilitate permissions and requested local taxi stands to integrate these drivers into their networks to help them sustain their livelihoods.



The TOGETHER STRONGER initiative reflects JKCS's commitment to creating a more compassionate, responsive, and united society that stands 24x7x365—not just in crisis but in continuous pursuit of collective betterment.

Revenue Department Kulgam Assesses Impact of Gusty Winds on Nomadic Families

DANISHWAR HAMEED

KULGAM, MAY 19

In the aftermath of strong gusty winds that swept through several areas of Kulgam late last night, the Revenue Department sprang into action to assess the impact on nomadic settlements across the district.

Under the directions of Tehsildar Kulgam, a field team led by Naib Tehsildar Nasir Ahmad Manto conducted

visits to various locations inhabited by nomadic families. The assessment aimed to ensure the safety and well-being of the seasonal residents and to identify any potential damage caused by the windstorm.

Speaking to the media during the

visit, Naib Tehsildar Manto confirmed that all families are safe and no damage to life or property has been reported. "We conducted a thorough inspection and interacted with the affected population. Thankfully, no casualties or losses have occurred," he stated.

He also urged the nomadic families to stay in contact with local authorities, stating, "We have directed all families to approach the Tehsil office Kulgam should they require any assistance."

The Revenue Department has assured continuous monitoring of the situation and pledged to provide immediate support if any further need arises.



Pune Porsche Crash: Families Still Await Justice amid one year of Tragedy

DANISHWAR HAMEED

PUNE, MAY 19, 2025

A year after the tragic Porsche Taycan crash in Pune's Kalyani Nagar that claimed the lives of two young IT professionals, the victims' families continue to seek justice the legal proceedings remain stalled.

On May 19, 2024, 24-year-olds Ashwini Koshta and Anesh Awadhya were killed when a Porsche Taycan, allegedly driven by a 17-year-old under the influence of alcohol, collided with their motorcycle. This incident sparked national outrage, especially after the Juvenile Justice Board granted the accused bail within 15 hours, imposing conditions such as writing a 300-

word essay on road safety.

Subsequent investigations revealed an attempt to tamper with evidence. A 900-page chargesheet was filed by Pune Police named seven individuals, including the teen's parents and two doctors from Sassoon General Hospital, accused of manipulating blood samples to conceal the driver's intoxication.

Despite these, the trial has not been commenced. Delays have been attributed to pending bail applications, procedural hurdles, and changes in the judiciary.

In a significant turn, the Juvenile Justice Board decided in February 2025 to try the accused as an adult, responding to pub-

lic demand and the severity of the offense.

Meanwhile, the victims' families express deep frustration over the slow pace of justice. They are now demanding legal reforms and stricter enforcement to stop such incidents in the near future.

Despite initial crackdowns on nightlife establishments following the accident, residents reported a resurgence of violations, including open drinking and lax enforcement, raising concerns about safety of the Public and accountability.

As the community marks this somber anniversary, the call for justice and systemic change remains as urgent as ever.

Jammu Police Booked Hardcore Criminal of Bishnah Area Under Public Safety Act (PSA)

JAMMU, 19 MAY, 2025

VISHAL RAINA JAZZBAAT24

Acting tough against criminals Jammu Police today on 19.05.2025 booked the notorious criminal from Bishnah area under PSA and lodged him in District Jail Udhampur.

The notorious criminal namely Vishal Sharma @Shooter S/o Bishan Dass R/o Khojipur Bishnah has been booked under PSA after obtaining formal detention orders from the District Magistrate, Jammu. The booked hardcore criminal has been subsequently lodged in District Jail Udhampur.

It is pertinent to mention here that multiple FIRs are already registered against the above mentioned criminal in Jammu, Kathua and Samba District.

The above said notorious criminal has remained successful every time in securing the bails from the Hon'ble Courts and in order to refrain the sub-

ject from indulging in criminal activities, a dossier under stringent PSA was recommended against the subject, upon which, the District Magistrate Jammu, after getting satisfied issued a PSA warrant against him.

The arrest was made by a team of PS Bishnah headed by SHO PS Bishnah under the close supervision of SDPO R.S. Pura, SP Headquarters Jammu & overall supervision of SSP Jammu.

The locals of the area have highly appreciated the efforts of the Jammu Police in curbing criminal activities in the area.

Jammu Police is committed to ensure safety, security of people and all necessary measures are being taken to curb all the criminal activities including drug peddlers and organised crime in the region.



PRESS RELEASE

BJP leadership led by Sunil Sharma visits heavy shelling affected area in Rajouri, meets people, administration and wounded in hospital

19 MAY 2025

VISHAL RAINA JAZZBAAT24



BJP delegation comprising Leader of Opposition in J&K Assembly Sunil Sharma, BJP National Secretary and MLA Dr Narinder Singh, J&K BJP Vice President and MLA Sham Lal Sharma, J&K BJP General Secretary Adv. Vibodh Gupta, MLA Adv. Ranbir Singh Pathania and District President Dev Raj Sharma visited the villages of Chatyar, Pathan Mohra, Dhangri, Ghambir and Gunni in Rajouri District and interacted with residents affected by heavy shelling from Pakistan.

Senior leaders interacted with the locals, to know their issues and assure them of the relief and rehabilitation measures.

BJP leadership also met the administration including the DC, and DIG to discuss the prevailing situation and the steps undertaken for the relief and rehabilitation of the affected people.

Senior leaders also visited the Government Medical College (GMC) in Rajouri. They met with patients who were injured due to shelling by Pakistan, inquired about their health and well-being, reviewed the medical care being provided, and wished them a speedy recovery. They also assured the injured individuals of all possible support.

Speaking to the media and the people, Sunil Sharma said that India, for the first time in recent history, has responded with unprecedented fierceness against Pakistan's terror operations. He highlighted India's multi-pronged response, including

targeting terror infrastructure across the border, applying diplomatic pressure, imposing economic constraints, and suspending the Indus Water Treaty. Sharma also condemned certain political persons who support a soft approach toward Pakistan.

Dr. Narinder Singh said that while the Indian military kept a high level of professionalism and restraint to successfully target only the terrorist infrastructures, Pakistan ashamed humanity by openly supporting terrorists. He said that India is moving forward with the mission to become a world superpower and current conflict has established India's might. The public welfare policies while strengthening the nation militarily and economically has shown the on-ground results, he said.

Sham Lal Sharma reaffirmed the BJP's commitment to the people and assured that the party is actively following up with the administration to expedite relief operations. While assuring them full help by the BJP cadre along with the government, he appealed to the citizens to stay united.

Adv. Vibodh Gupta lauded the all-party delegation initiative and said that the united opposition along with the whole nation is supporting the strict stance taken by the government against the terrorism and Pakistan.

RS Pathania called on people to act as responsible citizens by strengthening the society in this challenging time, showing vigilance, patience, and compassion.

DC Kulgam Visits GDC Kulgam to Review Infrastructure Development Works

KULGAM, MAY 19

DANISHWAR HAMEED

In a move aimed at strengthening educational infrastructure in the district, Deputy Commissioner (DC) Kulgam, Athar Aamir Khan (IAS), today visited Government Degree College (GDC) Kulgam to assess the progress of several ongoing developmental projects.

During the visit, the DC reviewed the construction of the Additional Lecture Block, being developed at an estimated cost of Rs. 4.79 crore, and the Auditorium Hall, which is being built at a cost of Rs. 4 crore. He also inspected other infrastructural initiatives currently underway at the college.

While on-site, DC Khan directed the Executive Engineer of the Roads and Buildings (R&B) Department to

expedite the pace of work and ensure timely completion. He stressed the importance of maintaining high-quality standards throughout the execution process to provide top-notch facilities to students.

The DC underscored the significance of timely infrastructure development in enhancing the academic environment and fostering holistic growth among students.

He was accompanied by Additional Deputy Commissioner (ADC) Kulgam Viqar Ahmad Giri, Assistant Commissioner Revenue (ACR) Riyaz Ahmad Shah, Executive Engineer R&B Shabir Ahmad Tak, Tehsildar Kulgam Nisar Ahmad Wani, and other concerned officials.



Who is an investor?

Is it not the mother, who gathers every tear, cushions every fall, and still teaches you to stand?

Is it not the father who comes home carrying nothing but joy, so his children never feel the weight of the world?

Or the grandparent whose wrinkled face holds a million stories, each with a lesson for life?

Is it not the teacher buried in books and papers, handing over courage, disguised as knowledge?

Or the friend, fighting sleep with cups of coffee in hand, so that the other doesn't struggle with math?

Is it not the coach who stands in the scorching heat and pouring rain, shouting, "One more time"?

Or the ones who catch you before you fall? Who stand beside you, not just in triumph, but in trial? The ones who give without question, who stay without reason, who bet on you long before the world takes notice?

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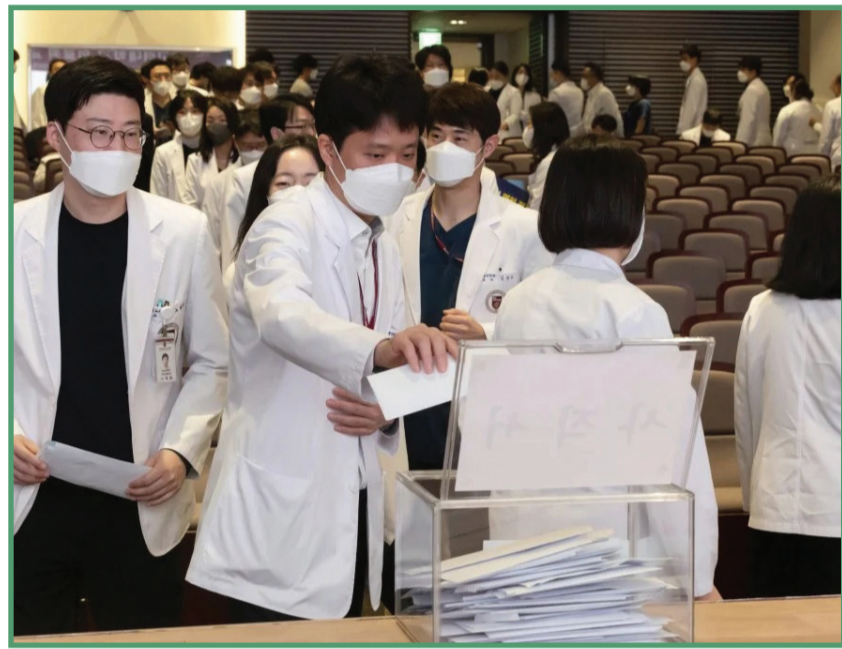
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Warning for the new generation of doctors: Death by overwork

RIYA SARKAR

18 MAY



In today's society, we consider the idea of work as religion to be so sacred that opposing it is like a sin. However, the terrible impact of this idea on the medical profession has been explained in depth by experienced doctor and essayist O. P. Yadav. According to him, 'workaholic' or blind devotion to work, which is instilled in today's medical students, has a bad impact not only on their personal health and life, but also on the quality of patient care.

The results of the 'Time Use Survey' conducted by the National Statistical Office of India in 2024 were published in February 2025. It clearly states that Indians are now working much longer and resting less than five years ago. In the eyes of many, this may be a sign of progress, but the reality is much more complex. As Larsen & Toubro chairman S. N. Subramanian said, the idea of a 90-hour workweek may come as a shock to the general public, but it is nothing new to those in the medical profession. O. P. Yadav himself has been working on such a schedule for the past 45 years.

However, to illustrate that this ideal of hard work is not always something to be proud of, the author cites a study by the American College of Surgeons. Of the nearly 8,000 surgeons surveyed, 9 percent said they had made a major medical error in the past three months, with nearly 67 percent of them being due to fatigue and burnout. These errors were caused by mental and physical exhaustion.

On the other hand, a trial of a six-hour workday for nurses in Gothenburg, Sweden, found that working less hours improved their health, reduced sick leave, and allowed them to provide 85 percent more services to patients. It is clear that increasing the amount of work does not increase efficiency, but rather has the opposite effect.

Doctors tell patients, 'Moderation and a balanced life are the keys to staying healthy'. But do they follow this principle themselves? When the National Education Policy talks about comprehensive education, the ultimate story of success through blood and sweat is forced into medical students. Students are repeatedly told that being a doctor means sacrifice, sleepless nights, and sacrificing personal life.

But the question is—is this sacrifice really necessary? As a doctor, it is important to be dedicated to your work, but should it be at the expense of your personal health? The author says, 'Dedication, the ethic of care—these are certainly the main pillars of the medical profession, but it is very dangerous to think that working at the expense of your health is a moral virtue.'

This blind work culture in the medical profession does not produce humane, sensitive doctors—it produces 'robot doctors' who live

half their lives. He warns that in the age of artificial intelligence (AI), where doctors are gradually being replaced by technology, if human sensitivity is lost, then the future of the medical profession is even bleaker.

World-renowned physicist Albert Einstein said—"The day technology surpasses human sensitivity, that day the world will be the home of idiots." The author expresses concern that today's young doctors are being pushed into a culture where they are sacrificing creativity, family, and mental well-being.

According to him, the 16-hour workday may have been necessary during the Industrial Revolution. During the Covid-19 pandemic, the tireless work of doctors was the need of the hour. But except for such exceptional times, the concept of 'overwork' has lost its relevance in today's technology-rich era. With the help of technology, today we have become much more efficient in diagnosing diseases, operating, treating everything. Therefore, it is necessary to reduce the workload and give importance to the mental and physical well-being of doctors.

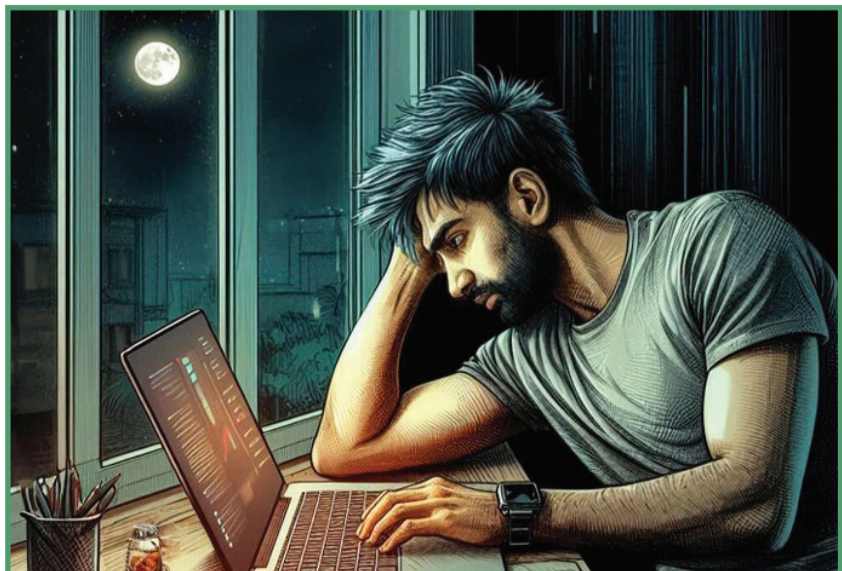
At this moment, the time has come for the medical profession to make a big decision. Will we take the path of Japan? Where 9,000 companies have imposed excessive overtime in a year, where there is a separate word for death due to excessive work pressure—'karoshi'? The author warns, "If we choose this path, not only doctors but the entire society will suffer."

Finally, the author says from his own life experience, "I have worked as a workaholic for 45 years. But now it seems that the philosopher Democritus was right—"If you want to be happy, work less."

This article shows us how doctors have to follow the mantra of 'work is God' at the cost of their personal lives, family, and health. Hard work is essential in the medical profession, but it is the need of the hour to cultivate this consciousness that such hard work should not be at the expense of humane feelings, creativity, and well-being.

In today's world, where technology is easing the burden of many of our jobs, making workaholicism the motto of medical education is a wrong perspective. This perspective needs to change if we are to create more sensitive, humane and disciplined doctors of the future. There should be dedication to work, but that dedication should not consume one's existence. So now is the time for self-criticism—to find answers to the question of what the work culture of this profession should be.

One thing can be said—a healthy doctor means a healthy society. And to bring about that health, work balance is first needed. If work consumes one's life, how far can one go with that life? This article forces us to think about that thought.



Unavailing Attempt: Trump's Interference in India's Manufacturing Plans

19 MAY

JAZZBAAT DESK



Recently, Donald Trump made a request to Apple CEO Tim Cook, which has challenged not only India but also the entire international trade and globalization. Trump said that Apple should increase its manufacturing capacity in India only for the Indian market, otherwise it would be better to postpone the new manufacturing plans. Trump's statement has created an embarrassing situation not only for Apple but also for the Indian government. Because at the moment, a major bilateral trade agreement between India and the United States is in the final stages, and Trump's statement may make the future of that agreement uncertain.

The way the editorial board has explained this issue shows us how the internal politics of one country can damage the long-term economic strategy of another country. This position of Trump is basically the result of the 'America First' policy. However, the ill effects of this policy are now becoming clear in the reality of a globalized economy.

India currently wants to become one of the world's leading manufacturing centers. The central government is encouraging multinational companies to set up manufacturing facilities in India through the 'Make in India' scheme. Apple already manufactures about 15 percent of its iPhones in India, and plans to increase this number in the future. At a time when India and the US are moving together to reduce tariffs and increase trade, Trump's comments are a warning for India.

If Apple backs out of its manufacturing plans in India, it will not only affect the sentiment of this one company, but also other American and international companies. This is a danger signal for India. Especially when India is looking to compete with China in the manufacturing industry, such uncertainty can question the country's investment climate.

This is a tricky situation for Tim Cook. As a businessman, he will certainly want to adopt strategies to maximize profits by reducing costs. Currently, India's cheap labor, government incentives and relatively stable political environment are attractive to companies

like Apple. On the other hand, it is not easy to ignore the requests or orders of the US president.

The conflict between business and politics has become evident here. If Apple decides to manufacture only for the US market, its costs will increase manifold, which will ultimately affect ordinary consumers. Besides, such a decision is a kind of retreat for a company like Apple, which depends on the global market.

Trump's desire to bring manufacturing back to the United States is not a new idea. However, the current global economy is interconnected in such a way that the production process of a product is divided into various countries. Raw materials may be produced in Africa, technology comes from Japan, production is done in India, and sales are made in America. In this reality, a single-country production structure is practically untenable.

There is a kind of self-centeredness in Trump's approach, which is contrary to modern capitalism. He seems to forget that in the present era, large companies produce not for a single country, but to meet global demand. If the US administration continues to impose such restrictions, international investors will begin to consider America as risky.

Investment in the global market is attracted only when there is policy stability, transparency, and a business-friendly environment in that country. Trump's behavior, especially his trade policy, has repeatedly created situations where investors are worried. His sudden decision to increase tariffs in the trade war with China has damaged not only China, but also other economies around the world.

This uncertainty has become a problem for big companies within America. Even companies like Amazon, Microsoft, Tesla have sometimes been angered by the Trump administration's policies. Apple is no different.

For India, this situation is both an opportunity and a challenge. On the one hand, Trump's statements may confuse international investors, on the other hand, if India handles this situation intelligently, it can establish itself more firmly on the map of global manufacturing.

However, this will require policy stability, institutional transparency, and other economic reforms including labor laws. In addition, India will also have to remove political uncertainty and bureaucratic complexities so that foreign investors can come to this market with confidence.

This incident also raises questions about the future of globalization. If the major economic powers continue to adopt policies against each other, the emerging economies of the Third World will be affected by that conflict. This political friction is a major hurdle for nations such as India, Vietnam, and Indonesia looking to emerge as alternatives to China.

The editorial board quite rightly states, "Corporations do not make decisions based on production costs alone, but on whether they deem a country is safe for long-term investment. If labor costs are low but policy uncertainty is high, investment in that country becomes risky."

Donald Trump's behavior has the power to change the pace and nature of international trade. But he should understand that modern capitalism is not bound by political boundaries. The production, marketing, and management of a product now takes place in a combination of many countries. The 'America First' policy may please voters on the one hand, but in the long run it is harmful to the US economy.

If a company like Apple backs out of India due to political pressure, not only India but also America will suffer. Because it will increase the company's costs, increase the price of its products, and Apple will lag behind in international competition.

So Trump's intervention could affect not only the future of one company, but also the economic relationship between the two countries, the continuation of globalization, and the international investment environment. The only way out of this crisis is through policy stability and the restoration of faith in the free market economy. Otherwise, such reckless political intervention could push the international economy not only into a state of instability, but also into a state of destruction.

Broadcasting war hysteria instead of conflict news

18 MAY

JAZZBAAT DESK

As the new era of war is changing, so is the reporting of the media. After the recent 'Operation Sindoor', a shocking information came to light—Pakistani militant Abdul Rauf Azhar, the main accused in the kidnapping and murder of American journalist Daniel Pearl in 2002, was killed in this operation. According to Doordarshan, the American Jewish community has thanked India for this incident.

Pearl went to Pakistan as the South Asia bureau chief of the Wall Street Journal at that time, to investigate the relationship between British extremist Sheikh Mubarak Ali Gilani and 'Shoe Bomber' Richard Reid. At that time, journalism meant going to the field to investigate, even at the risk of losing one's life.

But the media coverage of today's conflict is completely different. Instead of the field, India's military operation uses the airspace. The journalists' live reporting meant only showing the scene of the drone explosion in the night sky. But the information war surrounding this incident started on digital platforms. Fake news, old videos, and even AI-generated content spread. In this context, the Indian fact-checking company Alt News had to stop a lot of fake news. According to them, while initially more false propaganda came from Pakistan, later the amount of it increased from India.

War is now a means of TRP and online traffic. The nationalist zeal of Indian TV channels centered on Pakistan is nothing new. For example, the reaction of TV channels during the Uri attack in 2016 was also equally exciting. But now the difference is the algorithm of digital platforms, which further intensifies the emotions of this conflict. Social media has given citizens a platform where they can spread information without verifying it. On the other hand, big tech companies have withdrawn their fact-checking systems.

There have also been major changes in the medium of television. For example, journalist Ashutosh said that after 2014, the ownership of Indian TV channels, although private, passed to the government for control. Communal incitement in peacetime or baseless claims in wartime—the government takes no action against these, despite strict content monitoring laws. The PIB



occasionally tries to correct false news, but it gives a pass to channels that promote the government. On the other hand, strict action is taken against anti-government media—for example, the website of 'The Wire' was completely blocked, just because of a single report.

The most talked about issue of 'Operation Sindoor' was the possibility of a Rafale fighter jet being shot down. The foreign secretary did not deny it outright, but did not confirm it. The French company Dassault has reported the downing of at least one Rafale, but the Indian government has not commented publicly on it.

In addition, the government ordered the social media platform X (formerly Twitter) to block more than 8,000 accounts, including those of international media outlets and prominent users. X said it was compelled to comply due to legal obligations, otherwise its employees in India would have faced jail time and fines.

The PIB also announced a ban on Pakistani media and OTT platforms. But amid this tension, an important aspect is hidden—the real situation in Kashmir. Although reports about the reality of living on the

Line of Control (LoC) have been reported in foreign media, it has not been given much importance in the Indian media. According to the BBC, living on the LoC means 'living between a shaky peace and open conflict'.

ETV India's Kashmir correspondent said that many villagers have been left homeless in the shelling, and 60 out of 90 panchayats in Poonch district have been damaged. The Union Territory's legislators have been tasked with assessing the affected areas with a view to claiming compensation from the central government.

According to Anuradha Bhasin, editor of Kashmir Times, Indian politics and media claim Kashmir, but not the feelings of Kashmiris. The impact of the war on the people of Kashmir is not discussed as much as the bombing in Gaza.

War these days is not just about gunfire—it's about control over information, the management of public sentiment, and state dominance of the media arena. Journalism is moving far from the ground in the realities of conflict.

Joe Biden's prostate cancer spread to his bones, the world is concerned

MAY 19, 2025

THE JAZZBAAT NEWS DESK

Former US President Joe Biden has been diagnosed with a very aggressive prostate cancer, which already spread to his bones. This was revealed in a press statement released by Biden's office on Sunday.

As per physicians, following some urinary complaints in Biden's body, tests revealed a nodule in the prostate gland. It was found that it was cancerous and very high. His cancer has a Gleason score of 9, which as per the American Cancer Society reflects the most complicated and severe stage.

Though this cancer is "hormone-sensitive", i.e., hormone-dependent, physicians hope that it can be kept in check if therapy is initiated. The press release stated, "Though the disease is slightly more aggressive, since it is hormone-dependent, it can be well controlled. The president and his family are having discussions with doctors regarding the possible treatment regimen."

Joe Biden's oldest son, Beau Biden, passed away from brain cancer in 2015, so the new cancer report is a personal emotional blow to the Biden family.

Even long-time political adversary and ex-President Donald Trump offered his sympathies, stating, "We offer our sincere condolences to Jill and the Biden family and wish Joe a speedy recovery."

Incumbent Vice President Kamala Harris, who opposed Trump in last year's election to succeed Biden, stated, "Joe is a fighter. I know he will meet this challenge with the same determination, confidence, and positivity that has always defined his life."

Ex-President Barack Obama X (now Twitter) posted, "Michelle and I are thinking and praying for the Biden family. Joe's impact on the fight against cancer research is invaluable. I am sure he will emerge victorious in this fight."

Joe Biden's debate performance prior to the 2024 election was harshly criticized. He pulled out of the race in July last year. His poor health and memory have been a point of discussion ever since.

A recent old quote by Biden has surfaced, where he mentioned in 2022, "I have cancer." While the White House stated then that he was referring to a skin cancer surgery prior to his presidency, which has already been treated successfully.



Joe Biden, 82, has a tough road ahead. Given his physical state, his doctors and family are searching for potential treatment. While prostate cancer is curable if detected in the early stages, cancer that spreads to the bones tends to need long-term and complicated treatment.

One in eight men in the United States will develop prostate cancer sometime during their lifetimes, according to the American Cancer Society.

While it is frequently curable, it is the second most common cause of cancer death in men.

Joe Biden's battle is not only a political leader's personal agony, but it also has a large message - early treatment, faith and mental strength can indicate hope even against a horrific disease.

The entire world is looking at Biden right now. Everyone wishes him to get well soon and return, as always with the same determination.

India's export ban on Bangladesh: What Yunus government has to say

MAY 19, 2025

THE JAZZBAAT NEWS DESK



Recently, India has placed a ban on various products imported from Bangladesh. Essentially, import of ready-made garments, fruits and fruit-blended beverages, carbonated beverages, snacks, confectionery, cotton and cotton-manufactured items, plastic and PVC items, wooden furniture, etc. from Bangladesh via road has been halted. A new era in the trade tensions between the two nations has been opened with this move by India.

Sheikh Bashiruddin, who is the Trade Advisor to the Bangladesh interim government, has spoken on this Indian ban. He mentioned that they have received no official notice or message from the Indian government as of yet. Therefore, they do not officially know anything about it and they will do something officially only after getting official communication. Nevertheless, he is optimistic that the two nations would settle any issues through dialogue.

This Indian ban has coincided with the fact that Bangladesh itself has also placed a ban on certain Indian products. Particularly, Bangladesh had placed a ban on the import of Indian cotton through road mode last month. Additionally, India has also recently withdrawn the facility of trans-shipment which it had provided to Bangladesh for third-country exports. As a consequence, there is quite clearly an indication of any form of retaliatory commercialism by way of mutual sanctions between the two nations.

Trade Advisor Sheikh Bashiruddin added that they came to know from the media and social media that India is making new moves in some border areas, particularly at Akhaura and Dawki land ports. While nothing has been officially declared yet, he feels that this issue should be tackled through talks. Bangladesh's Yunus government has asserted that India's sanctions will not affect them significantly. Since they are in a position to control the situation on their own. For instance, even when the trans-shipment was cancelled, Bangladesh has moved in alternative steps independently. "We are in a geographical position where competitive transport costs and other things are fixed." In this respect, we also have

our own policies, for instance, we put import restrictions on agricultural products from time to time, India also does so. It is part of trade management.

Though the decision is being referred to as 'preventive' by India, as Bangladesh had already restricted some crucial Indian goods' import. Specialists believe that the diplomatic tension has grown with an increase in political tensions and internal developments. The removal of Sheikh Hasina's administration and charges against suppression of Hindu minorities have caused fresh tension in India-Bangladesh diplomatic relations.

Bangladesh's readymade garment sector is likely to be the most affected by the ban. The ban covers around \$770 million worth of exports, which is approximately 42 percent of Bangladesh's overall exports to India. But since this ban operates at Indian land ports, Bangladesh will now have to export its products by sea, particularly from Kolkata and Nawa Sheva ports. Consequently, not just will the cost of transportation rise, but also the time it would take for the commodities to arrive, which will have a direct impact on business gains and losses.

In this scenario, fresh doubts are being raised regarding the future of trade relations between the two nations. Trade between India and Bangladesh has been interdependent for years. Bangladesh is a significant export hub, particularly for India's northeastern region. Therefore, such a ban between the two nations is detrimental to trade ties. Yet, as per Sheikh Bashiruddin, Bangladesh still intends to take this scenario forward on the way towards ending the situation via negotiations.

If the two nations initiate formal talks at this juncture, some curbs might be eased. But prior to that, both will need to demonstrate flexibility in their political stance. If these two southern neighbors of South Asia set out to solve the issue while displaying diplomatic goodwill amongst themselves, it will be a good sign for the region. Otherwise, if the current trade war between the two nations would take a long time to be resolved, it will affect not just the economy but diplomatic relations as well.

Pakistan seeks closer ties with China

MAY 19, 2025

THE JAZZBAAT NEWS DESK

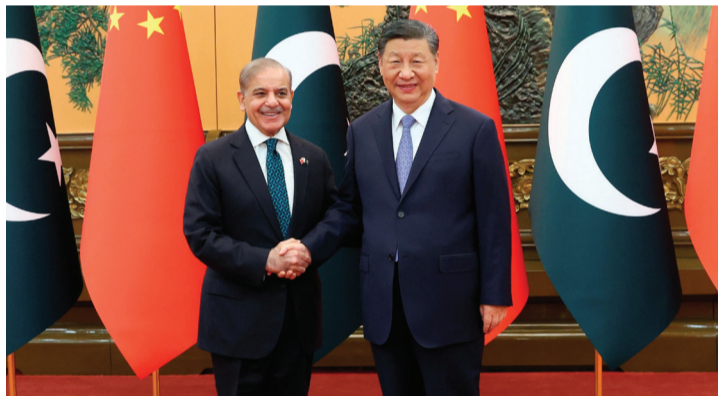
There are signs of a new shift in the diplomatic map of South Asia. Although there has been an apparent ceasefire between India and Pakistan after 'Operation Sindoor', Islamabad's recent steps have made it clear how turbulent the situation is. In the midst of this conflict, Pakistan has approached its close ally China. The aim is the same - to keep a world power on its side on the international stage even in these difficult times and to strengthen its presence in the geopolitical equation of South Asia.

It is in this context that Pakistani Foreign Minister Ishaq Dar has left for Beijing. He is scheduled to arrive in China on Monday, where he is scheduled to have an important meeting with Chinese Foreign Minister Wang Yi. But this visit is not only aimed at strengthening bilateral relations. The real focus is on the trilateral meeting on Tuesday, where the acting foreign minister of Afghanistan will also be present along with China and Pakistan. The trilateral meeting will discuss the security situation in South Asia, trade cooperation and how to move forward together to maintain regional stability.

The significance of this meeting is deeper. While several international circles have expressed concern over the India-Pakistan conflict, the diplomatic

activities of Islamabad and Kabul are creating the possibility of a new polarization with China in mind. A few days ago, the Foreign Minister of the Taliban government gave a friendly message to Indian Foreign Minister S Jaishankar. However, the representative of the Taliban administration has also visited China, where he will hold joint talks with Pakistan. As a result, it is clear that bypassing India, some South and Central Asian countries led by China are moving towards forming a new political alliance.

In this situation, it must be remembered that the relationship between China and Pakistan is not only strategic or economic, but also deeply intertwined at the political and military levels. On May 10, the day after the India-Pakistan ceasefire, Chinese Foreign Minister Wang Yi called Pakistani Foreign Minister Ishaq Dar. After that conversation, the Pakistan Foreign Ministry issued a statement saying that China has always been a close friend of Pakistan and will remain so in the future. Wang Yi also assured that China will stand by Pakistan in protecting its sovereignty, integrity and independence. At the same time, he praised the Pakistani leadership, saying that the way the administration has handled the situation in the face of the crisis has given him



'confidence' that Islamabad will be able to maintain its strategic position.

In this situation, Pakistan's activity has also been noticed in the international community. Some say that Islamabad is trying to balance the accusations and pressure against it from under China's diplomatic shadow. Because, the fact that Pakistan was cornered in the global media after 'Operation Sindoor' cannot be denied. The Shahbaz Sharif administration believes that China's support is very important to get itself out of that place.

Now the question is, will this trilateral meeting be limited to strategic discussions only, or will it create a larger political message? If Afghanistan, Pakistan

and China move towards drafting a new security policy or trade agreement around the region, it could directly impact India's geopolitical position. Especially, if India is not mentioned in this meeting but the discussions are India-centric, then it is clear that a new factional equation has begun in regional politics.

So, behind the temporary peace that is seen after the ceasefire on the India-Pakistan border, diplomatic instability persists. Islamabad's visit to Beijing and the trilateral meeting make it clear that the geopolitics of South Asia is about to change its color once again, where new diplomatic challenges are waiting to be created for India.

Israel's heavy shelling of Gaza following ceasefire deadline

MAY 19, 2025

THE JAZZBAAT NEWS DESK

And soon after the 2-month ceasefire, Israel did not maintain its innocence. It initiated the attack straight away. There is bloodshed in Gaza. At least 145 people have died in the last 24 hours. Over 450 people were injured. This was reported by the Gaza Health Ministry on Saturday. But so far, the Israeli army has not owned up to the attack.

Marwan al-Sultan, a manager at a private hospital in northern Gaza, said, "Many people have been killed in the

non-stop bombardment since midnight. Many houses have been destroyed by aerial bombardments. Many are buried under the rubble. The conditions inside the hospitals are terrible."

They already occupied some strategic locations. Killing people goes on. 54 people were slaughtered when Khan Younis was shelled in southern Gaza at night on Thursday. Prior to that, at least 70 people were killed in southern and northern Gaza combined on Wednesday. It must be noted here that on October 7,

2023, the Palestinian militant organization Hamas attacked Israel unexpectedly. The Jewish nation rushed to take its revenge with all its might. Death marches and belligerence have been continuous since then. The cry of hunger has become a more desperate plea in Gaza. On top of this, the foreign aid passage has also been closed off. Israel closed down the passage into Gaza since 2 March.



OPINION

Is it really profitable to fill petrol in the morning?

19 MAY

JAZZBAAT DESK

Today, the use of petrol and diesel has become an integral part of people's lives. From cities to villages, from highways to alleys — the speed of vehicles everywhere depends on this liquid fuel. Crores of litres of petrol and diesel are consumed every day in our country, and petrol pumps are working day and night to meet this huge demand. But while buying petrol or diesel, common people often get confused. Sometimes the fuel is adulterated, sometimes other fuel is mistakenly added, and sometimes there is a belief that it is more profitable to fill petrol at any time.

One such common belief is that filling petrol early in the morning is profitable. This idea has been around for many years and even today many car owners follow this 'trick'. They believe that filling petrol in the morning or when the temperature is

low results in 'more' oil due to its higher density. But how much truth is there in this belief? Does it actually save money, or is it just a misconception?

To find the answer to this question, we must first understand where this logic came from. The science behind this idea is that liquids are relatively more dense in cold weather. That is, liquids expand when they heat up, and contract when they cool down. That is why many people think that filling up with petrol in the morning will actually get 'more' petrol in one litre. This is because petrol is cold and has a higher density. As scientific as this logic may seem, in reality the matter is not that simple.

Firstly, the machines used in modern petrol pumps are capable of automatically measuring the amount of fuel according to the temperature. These machines are designed to dis-

pense exactly the amount of oil that is supposed to be dispensed. Whether the temperature rises or falls, the machine determines the amount of liquid fuel according to the specified density. As a result, you basically get the same amount of fuel in hot or cold weather.

Secondly, in India, there is a certain limit on the density of petrol or diesel, which is set by the government. The density of petrol is supposed to be 730 to 800 kg per cubic metre. If this standard is not met, action is taken against the pump concerned. Most modern petrol pumps have machines with which you can directly check the density. If it is found that the density is low, then it is not temperature-related, but the quality of the oil in that pump can be suspected.

Thirdly, the tanks kept in petrol pumps are usually underground and their temperature changes very slow-

ly. No matter how hot the day is, the temperature of the fuel kept inside the tank remains fairly stable. So, there is no major change in the temperature or density of petrol based on the time — morning, afternoon or evening.

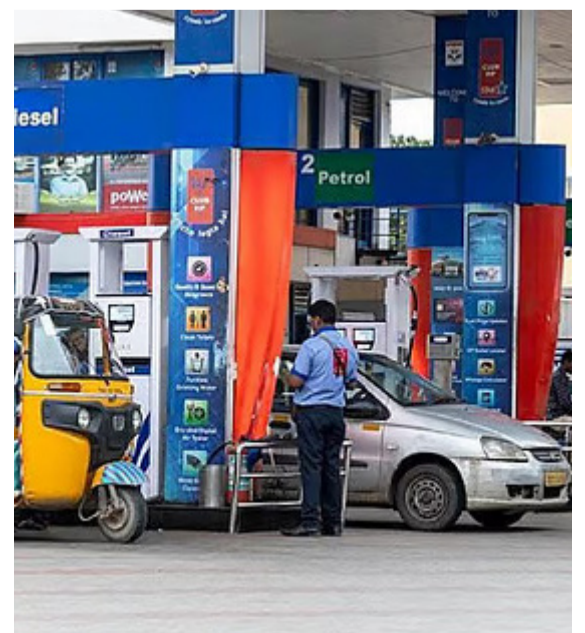
Therefore, it is understood that the argument "filling petrol in the morning gives more" is fundamentally wrong. This is a long-standing misconception, which is no longer applicable with the use of modern technology. Those who still fill petrol based on this idea are doing so mainly for emotional satisfaction, and in reality there is no financial or practical benefit from it.

However, keeping a few things in mind while filling petrol can reduce the risk of being cheated. For example, keeping a close eye on the meter while filling petrol, checking whether the full litre is being filled, getting a receipt and demanding a density test if necessary — these practices keep

ordinary consumers aware. Also, if you suspect that petrol is adulterated or the correct quantity has not been given, you can file a complaint on the government's consumer protection number.

On the other hand, sometimes some unscrupulous employees deliberately tamper with the meter and give less fuel. Therefore, no matter what time of day you fill petrol, it is necessary to be careful. It is more effective to choose a reliable and honest pump instead of thinking about profit just in the hope of filling petrol in the morning.

Finally, the widespread idea of fixing the time of filling fuel based on the density or temperature of petrol is no longer realistic in today's technology-based system. Rather, only your awareness, caution and responsible use can protect your money and vehicle.



Night Itching Could Be Scabies – Act Fast to Protect Your Family

JAZZBAAT DESK

Increased sweating, moist skin, and intense itching during hot weather can aggravate the discomfort. Many individuals believe that this itching is an issue of scratching or an insect bite. But if the itching grows day by day, begins depriving you of sleep night after night, and a red rash or rash erupts on the body, then it is no longer an ordinary itch. Indeed, this condition might be a symptom of a contagious type of skin illness known as scabies. And if this disease gets rooted in the body of a person, if not addressed soon enough, it could spread to the whole family.

Scabies is due to a parasite named *Sarcoptes scabiei*. This small mite can easily burrow beneath human skin and deposit eggs there, resulting in excruciating itchiness on the affected area. One of the features of this itchiness is that it intensifies to an extreme level, particularly at night. Small rashes, red patches or fine lines similar to holes can occur on the affected area. Occasionally this itching may even lead to sores on the skin, particularly if the infected person scratches over and over again. The worst part is that it is

extremely contagious. If an infected person shares the same bed, clothes or towels with other family members in a dirty state, they can readily become infected with this infection.

Scabies is typically prevalent in specific areas of the body. These itching symptoms start in between the fingers, folds of the elbow, along the waist line, groin area, around the belly button or breasts. In children, scabies are also able to affect the face, head, hands and feet and even eyes. Therefore, if there is abnormal itching or red rashes on children's bodies in the household, then you must consult a doctor without wasting time.

If this disease does not get treated at the initial stage, it can lead to complicated situations in the later stages. So, it is extremely important to visit a dermatologist the moment symptoms are noticed.

In general, physicians would prescribe a cream known as Permethrin for scabies, which needs to be applied all over the body at night and washed off in the morning. At times, Ivermectin can also be administered orally, particularly when the infection has reached

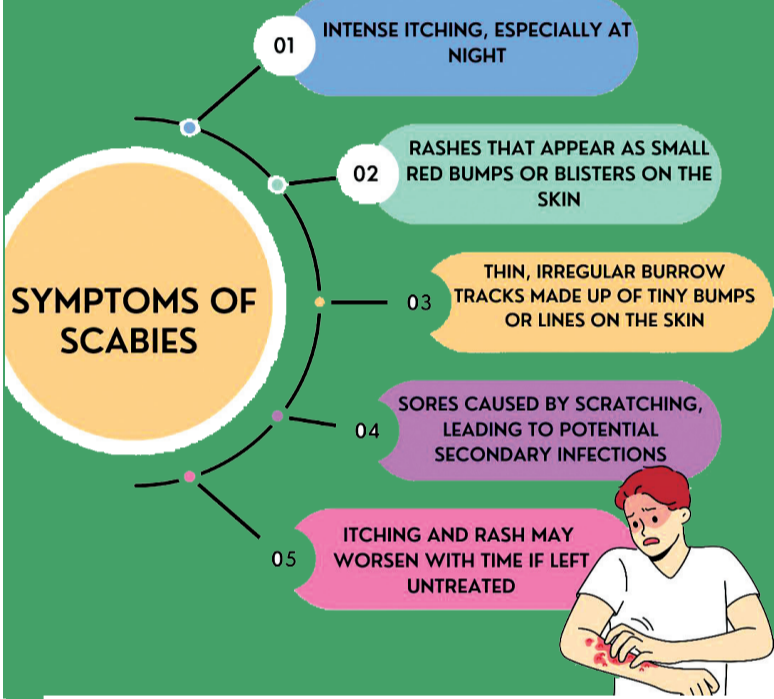
a vast part of the body. Nevertheless, the administration of all these medications is based on the age, weight, and severity of the infection of the patient. Hence, it's not appropriate to use medicine independently. Doing anything without the doctor's advice will suppress the disease for the time being and make it relapse, even in a worse state.

But treatment alone is not sufficient, since equal importance should be attached to cleanliness and proper habits as to treatment. The towels, bed sheets, and clothes the patient has with him should be washed every day in hot water and sun-dried. It should also be made sure that no other member of the family uses them. The patient must be made to sleep in a different bed and use a different pillow and towel as long as he is on treatment.

Sweating is higher in summer, which makes the skin warm and wet, and this environment is most suitable for scabies germs. This period is thus especially dangerous. Besides, in crowded families or where many family members share one room, there is a danger of this disease spreading very quickly. Hence, vigilance and awareness are the only methods to prevent this issue. If scabies has been diagnosed in a member of a family, then it should be treated in the whole family because the disease could have already spread but the symptoms might not have manifested yet. Most individuals find scabies to be a shaming disease, and hence hesitate to get it treated, keeping the issue hidden. But what should be kept in mind is that scabies is not due to impurity or lack of personal cleanliness, it is an infectious disease, and it is fully cured with proper treatment and hygiene. In contrast, hiding the disease can risk yourself and other members of the family.

Last but not least, if you or a member of your family suffers from intense itching, red rashes, or strange skin spots during the night, don't take it lightly as a normal heat issue.

Consult a doctor promptly, undergo the required tests, and get the right treatment. Remember, this issue can easily be avoided with a bit of awareness and promptness. Taking care of your body is all about securing your future and your family's safety in the future. So take notice from today, remain healthy.



Some foods stored in the refrigerator can be dangerous for the body

JAZZBAAT DESK

A refrigerator is a very necessary appliance in our modern life. Be it cooked food or fruits and vegetables brought from the market, we keep many things in the refrigerator so that they last longer. But did you know that there are many foods that, even though they last for a long time after being stored in the refrigerator, have a serious effect on your body after eating them? Although they look beautiful and are delicious to eat, these foods gradually accumulate fat in your body, cause digestive problems, and even increase the risk of various diseases.

Let's learn in simple language about five foods that are stored in the refrigerator in many homes, but if eaten regularly, they can be harmful to the body.

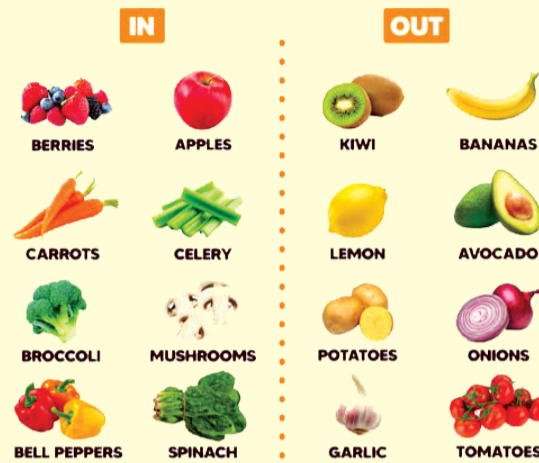
1. Jam - The morning starts with sweets, but it is actually poison! Most people love to eat jam with bread, especially children. But most of this jam is made of sugar, and the amount of real fruit is very small. It contains about 70-80 percent sugar, which creates empty calories as soon as it enters the body. Even though eating jam in the morning gives you instant energy, the body does not get any nutrition. Rather, the accumulation of sugar in the body increases the chances of becoming fat. Day by day, this habit can disrupt the insulin balance in your body.

2. Tetra Pack Fruit Juice - Although the name is fruit, many people think that store-bought fruit juice is healthy due to the sugar and color, but the reality is completely the opposite. These juices contain very little real fruit, but rather contain more sugar, chemicals, artificial colors and flavor enhancers. Eating them increases appetite, blood sugar levels suddenly increase, which can increase the risk of diabetes. Regularly consuming this juice means gradually turning your body into a place of fat.

3. Ketchup and sauce - It looks like tomatoes, but inside there is only sugar and salt. Although the ketchup and sauce available in the market contain tomatoes, they contain more sugar, salt and preservatives. Even if eaten in small amounts, they add a lot of calories to the body day by day. They have almost no nutritional value. On the contrary, excess sugar and salt disrupt the balance of the body, increase blood pressure and weight. Many people eat a little every day, but do not realize how much damage they are doing.

4. Ice cream - cold, sweet and a trap for gaining weight. Who doesn't love to eat cold ice cream on a hot day! But behind this temporary pleasure lies a big harm to the body. Ice cream contains a lot of sugar, fat, artificial milk solids and various chemicals. These accumulate fat in the body, and once eaten, you want to eat it again and again. It becomes like an addiction. As a result, after eating a little every day, fat accumulates around the stomach after a few days.

IN OR OUT OF THE FRIDGE?



5. Cold drink - Coke, Pepsi or any other type of cold drink that is consumed as sugar water in the name of cold drink is actually a glass of cold sugar. It has no trace of nutrition. A glass of cold drink contains 7-8 teaspoons of sugar, which completely destroys the natural balance of the body. Regular consumption of this drink not only increases weight, but also increases the risk of insulin resistance, fatty liver and type-2 diabetes.

So what to do? You should stay away from such frozen foods as much as possible. Instead, you can easily choose healthy alternatives. Instead of jam with bread, you can eat sugar-free peanut butter or homemade fruit chutney. Instead of fruit juice, eat fresh fruit on an empty stomach or drink homemade juice. Instead of ketchup or sauce, you can make mint-yogurt chutney or coriander dip. Instead of ice cream, you can make frozen yogurt by mixing bananas, yogurt, and honey at home. And instead of cold drinks, you can have lemon sorbet, coconut water, betel sorbet, or homemade soaked tokma grain drink.

Food is not just for filling the stomach, but it is most important that it is good for the body. Think about your health first, not just for the taste of the eyes and tongue. Avoid these sweet and tasty foods stored in the refrigerator as much as possible, and choose healthy, homemade alternatives instead. Then the body will be good, the mind will be happy, and you will also be healthy and fit.

Kidney disease is attacking the silent body? Neglecting it can be dangerous

JAZZBAAT DESK

One of the most important organs of our body is the kidney. Starting from urine, this organ handles multiple important tasks including hormone balance in the body, blood pressure control, etc. So it is crucial to have the kidneys healthy to maintain good health. There are two kidneys within the human body so, even if one fails, the other will be able to function.

As a result, like other organs, there is no sign of kidney damage at first. And if kidney problems are not detected in time, the chances of recovery also decrease. However, there are some symptoms in the body that can indicate kidney health. It is important to be careful if you see some symptoms, especially at night. Let's find out about them-

- 1. Excessive urination at night:** Frequent urination can be a symptom not only of diabetes, but also of kidney disease. Which is called nocturia in medical terms. It is necessary to be careful if you urinate more than usual, especially at night.
- 2. Swelling of hands and feet:** If you notice that your hands and feet are unusually swollen while lying down at night, do not ignore it. Kidney problems disrupt the sodium balance in the body. As a result, hands and feet swell. If you do not feel pain while swelling your toes, feet, and ankles, it can be a sign of kidney disease.
- 3. Insomnia:** If the kidneys are not working properly, waste products cannot be excreted from the body through urine. This results in sleep disturbance. It has

Kidney patients:

- 67% experience symptoms of depression.
- 68% are not being offered mental health support.
- 36% can't fully take care of their physical health because of mental health problems.
- 27% have considered self-harm or suicide as a result of their kidney disease.

been seen that people with kidney disease have more sleep problems than healthy people. Therefore, if you suddenly experience insomnia, you should definitely pay attention.

- 4. Fatigue:** It is normal to feel tired at the end of the day's work. But it is important to be careful if you feel excessively tired. According to doctors, if the kidney function is not normal, the body produces fewer red blood cells. This results in anemia. Along with this, there is a lack of oxygen in the brain.
- 5. Itchy skin:** If the kidneys cannot remove waste products from the body properly, symptoms can also appear on the skin. Skin rashes, itching, pain may occur. Various skin problems may appear on the hands, face, and feet. Be careful if you see any such symptoms.

Mangoes for skin care in summer, tan like magic

JAZZBAAT DESK

Mangoes for skin care in summer, tan like magic

If you go out to work in the hot sun in summer, your skin will definitely get tan. Any part of your face, hands or feet that comes into contact with the sun gets tanned like a black and white photo. How much money can you spend going to a parlor? But listen, while eating mango, apply a piece of mango to your face. You can find it cheaply and in abundance in the market. You can also apply it to your face to get tan while eating any type of mango, any color. Even beauty artists say that mangoes can help remove the damage caused to the skin by the heat of the sun in summer.

Let's find out how mangoes help in skin care?

- Mangoes contain vitamins A, C, E and K. Which repair skin cells and restore the skin's radiance by providing nutrients.
- Vitamin E and antibacterial ingredients in mangoes control excess oil in the skin, thus reducing the risk of acne.
- The natural enzymes in mango pulp cleanse the dead skin cells, making the skin smooth and vibrant.
- The vitamin A in mango helps in the production of collagen in the skin. Which keeps the skin firm and supple.
- Mango contains some antioxidants that prevent the oxidation of the skin

caused by the heat of the sun. Although it does not act as a direct sunscreen, it is very useful in repairing the damage caused by the heat of the sun.

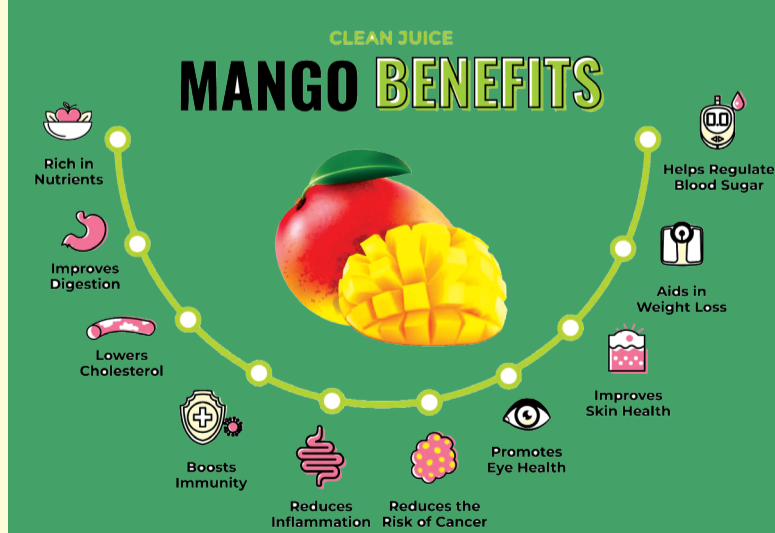
How to use mango to remove tan?

- One mango peel
- 1 teaspoon gram flour
- 1 teaspoon multani mitti
- 1/2 teaspoon honey

Method: The mango peel should be crushed well, squeezed and the smooth pulp should be extracted. Now, mix each ingredient of gram flour, mul-

tani mitti and honey together to make a mixture. Leave this mixture on your hands, face, neck, and back of the neck for at least 15 minutes. After that, rub it well with lukewarm water and wash it off. It is enough to use this pack 2 to 3 times a week.

Caution : Because if you are allergic to me or carbide, be aware. Before applying this pack all over your body, definitely apply a small amount on your hand and do an allergy patch test, see if there is any discomfort or rash on the skin after applying the pack.



No chest pain, but it could be heart disease!

JAZZBAAT DESK

The idea that heart disease means unbearable chest pain is not always correct. In many cases, heart problems are indicated by some other symptoms, but due to ignorance, we ignore them. However, according to doctors, it is very important to be aware of these silent symptoms, because if the disease is diagnosed at an early stage, the hope of successful treatment increases to a great extent.

In addition to chest pain, know the five important symptoms of heart disease.

- 1. Unusual fatigue and weakness:** If you feel tired or weak day after day without any special physical exertion, it can be an indicator of heart problems. When the heart cannot pump blood properly, the supply of oxygen and nutrients to different parts of the body decreases, which can result in such fatigue. If you are short of breath even while doing simple daily tasks or if your body feels unbearable fatigue, you should immediately consult a doctor.
- 2. Shortness of breath:** If you experience shortness of breath even when walking or doing light work, or if you have difficulty breathing even when resting, this can be a serious symptom of heart disease. When the heart's efficiency decreases, blood can accumulate in the lungs, causing shortness of breath. Sometimes, shortness of breath can wake you up during sleep at night.
- 3. Fluid retention in the legs, ankles, or abdomen (edema):** When the heart fails to pump blood efficiently, pressure increases in the blood vessels and fluid starts accumulating in various parts of the body, especially the legs, ankles, and abdomen. This can cause swelling in these organs, which is medically called edema. Sudden weight gain or difficulty wearing shoes are symptoms of this type of fluid retention.
- 4. Dizziness or fainting:** If you occasionally feel light-headed, have blurred vision, or suddenly lose balance and faint, it may be due to a heart problem. These symptoms occur when blood supply to the brain is reduced. Problems like irregular heartbeat or heart block can cause this.
- 5. Persistent nausea or indigestion:** Sometimes, persistent nausea, indigestion, or upper abdominal discomfort can be symptoms of heart disease. Especially if these symptoms increase during physical exertion, they should not be ignored. Women often suffer from heart disease with such vague symptoms.

Chest Pain

Cardiac

- "Pressure, or tightness"
- Diffuse, poorly localized
- Associated with physical exertion or other stress
- Relieved with rest, usually within minutes
- Prolonged symptoms may represent an acute coronary syndrome (MI)

Non-Cardiac

- "Sharp, or stabbing"
- Focal, well localized
- May be positional, spontaneous at rest
- No predictable relation to physical exertion
- May last from seconds to even days at a time

'Can't dance, very dull', whoever spoke to Katrina like that?

MAY 19

JAZZBAAT NEWS DESK

Katrina Kaif is an unbeatable name in contemporary Bollywood. She has impressed the audience as well as the critics innumerable times for her glamour, acting and excellent dancing. Nevertheless, her journey to this position was not smooth. Katrina, in a recent interview, remembered a painful instance from the initial days of her career, after learning which many are viewing her differently now.

Katrina was merely 17 years old at that point. There was a shooting of a dance song on a beach. A young girl new to Bollywood. Her body language was not yet professional, she was in the process of making herself conversant in front of the camera. And suddenly, the choreographer working on the shooting floor began mocking her out loud.

As Katrina herself says, "That day choreographer was intentionally talking loudly so that I could hear. He was telling me, 'This girl can't dance at all. My work is getting hampered due to this.'" That day's insult could have destroyed many actresses for life. But Katrina didn't shatter.

She added, "I made up my mind that I would respond to these words without speaking to anybody. I kept telling myself that one day I will dance so well that everyone will say - yes, this girl can. Nobody may have believed me at that time, but I knew that I could." And sure enough, she did.

One by one, superhit dance numbers like 'Chikni Chameli', 'Sheela Ki Jawani', 'Mashallah', 'Kaala Chashma' have made Katrina one of the top-notch dancers in Bollywood. Nowadays, even her choreographers can be shocked to find out how the "initially unpromising" Katrina has turned into such a big name among dancers today.

But it is not merely hard work, Katrina's story demonstrates the significance of self-confidence and patience. She never proceeded with the



attitude of revenge but enhanced her competence and worked in silence to build her own niche. She might still recall the embarrassment she faced when she was a teenager, but she has converted it into an incentive.

As her profession has evolved, as has her personal life. Nowadays, Katrina Kaif is married. Her husband Vicky Kaushal is a very popular and fine actor in Bollywood. She has gained appreciation from the audience and critics alike with the film 'Chhabha'. Just as the life of this star pair is going nicely in their personal life, their professional life is also at a new milestone.

But Katrina has not been spotted much on screen since her wedding. Whereas Alia Bhatt is occupied with more than one film even after

becoming a mother, Katrina has gone on a break. She has some important projects on her table, but at present, nobody knows when she will be back on the big screen. Anushka Sharma and Katrina Kaif - two of Bollywood's most beautiful dames who are in the back seat currently. But their performance and fame are so long-lasting that it is no surprise that when they come back, the cinemas will be houseful.

This whole tale is such an inspirational lesson. Where a 17-year-old girl did not get disappointed in the face of derogatory comments and retaliated against all the sarcasm with her talent. Katrina's journey teaches us - criticism will never cease, if the destination is good and the confidence does not drop.

Ananya Pandey's open response to the allegations of surgery

MAY 18, 2025

JAZZBAAT DESK



Currently, one of the most popular young actresses in Bollywood, Ananya Pandey, is often in the headlines for her acting skills, beauty and style statement. However, with fame comes a storm of criticism. Recently, in an interview, Ananya opened up about the constant sarcasm and false allegations about her body. She clearly stated that the rumors that she had undergone surgery on her buttocks are completely baseless and untrue.

Ananya Pandey said that in the beginning of her entry into Bollywood, she regularly had to hear insulting comments about her body. Some people used to call her "Deshlai's stick" for her low weight and slender body structure, while others used to mock her as "chicken thighs". She also had to face various ridicules for not having the right breast size or figure for her body structure. In Ananya's words, "When I started my career, I was 18 or 19 years old. My weight was really low then. My body structure was not yet mature. Naturally, after a few years, my body changes. Many people say that I had hip surgery. I am surprised and hurt to hear this."

Recently, in a podcast, Ananya clarified that all these negative comments can be a big blow to a woman's confidence. She said, "I am growing up, my body structure is changing naturally. This is the law of nature. But people do not want to accept it. They think that everything is artificial, everything is the result of plastic surgery. This kind of attitude of society towards women's bodies is very difficult and insulting. If a girl is a little fat, they are criticized, and if she is thin, they are also subjected to ridicule. It is as if society wants to somehow prevent women from having a 'perfect' figure."

According to her, a man's body also changes, but they are not ridiculed as much. Ananya says, "No one says anything when boys gain weight or change their appearance. But in the case of girls, the perspective is completely different. Their bodies are always analyzed and criticized. This should stop."

Ananya Pandey's comment conveys an important message in today's society. Today, with the ease of social media, any star is subject to a storm of criticism at any moment. Netizens often make harsh comments about the stars' outfits, looks, or personal decisions. Sometimes it becomes so personal that it becomes difficult for artists to remain mentally healthy.

According to Ananya, it is not easy to handle such mental stress. Especially when an actress enters the industry from a very young age and gradually tries to build herself up, such negativity gives a big blow to her confidence. She said, "I still feel that I am not enough. I could not get that confidence, because from the beginning I was told that I am too thin, have no figure, or have had surgery. But my body did not develop in a day. I am also an ordinary girl, whose body has changed naturally. But society does not want to accept that."

Ananya's statement is a brave message not only for Bollywood but for girls from all walks of life. 'Body shaming' about the body has become a common practice on social media these days. Stars like Ananya are also victims of this toxic culture, which proves how deep the problem is.

However, Ananya tries to keep herself positive despite everything. She believes in her natural beauty and personality. She said, "No matter what anyone says, I know who I am, how I love myself. If you are not confident in yourself, no one can make their dreams come true."

Ananya's protest against trolling, comparisons and criticism of women's bodies on social media can become an important message for the new generation. With more courageous voices like her coming forward, perhaps one day this eternal perspective will change, where a girl is not judged solely by her body. Instead, her talent, hard work, and personality will be given importance. Ananya's statement is a solid step towards that change.

What does Amisha do when she is not working?

MAY 19

JAZZBAAT NEWS DESK

Many actresses have come to Bollywood. Some have reached the pinnacle of success, some have been lost in the lap of time. But there are some actresses who may not be in the limelight for a long time, but still remain in the minds of the audience for their outspoken character, personality and some memorable characters. One such actress is Ameesha Patel. After the success of 'Gadar 2', the way she has clearly expressed her opinions in front of the media has once again proven that she is not just an actress, but also an intelligent, outspoken person.

Ameesha, a gold medalist in economics, came to Bollywood completely unplanned. Many of her family members and friends thought that it was not right for someone as accomplished and educated as her to enter a profession like acting. They thought that the corporate world or the world of education and research would be suitable for her. But in a strange twist of fate, Hrithik Roshan's father Rakesh Roshan cast Ameesha for the film 'Kaho Naa Pyar Hai'. In the first film, the romantic chemistry with Hrithik left a mark on the audience. But even after that start, her journey in Bollywood was not very smooth.

Later, she came into the limelight again with the film 'Gadar: Ek Prem Katha'. In it, she was seen playing the role of a Punjabi girl, who became a symbol of love and struggle amidst the tragedy of Partition. At that time, Ameesha proved through her acting that she deserves praise not only for her beauty, but also for her ability to portray emotions and characters on screen.

Recently, in an interview after the success of 'Gadar 2', Ameesha said, "The entire industry knows that I am a straightforward person. I say what I think to my face. If I don't like a film, I don't hide it. I say it straight - the film is bad. That's why many people call me 'muft'. But many people may have been annoyed with me for this." This nature has made her exceptional in Bollywood.

In today's Bollywood, where most celebrities speak carefully and do not want to express their



clear opinions about anyone, Ameesha prides herself on her courage to speak the truth. She believes that instead of going after anyone in the industry or saying bad things, one should do their own work properly.

Not only is Ameesha outspoken, she is also completely unassuming about her personal life and social behavior. She says, "I am a little different. If there is nothing to do between shootings, I sit in a corner and read books, listen to songs. I spend time alone. I don't care who is discussing whom, who is associated with whom, etc." In Bollywood, where relationship politics, campaigning, gossip and factionalism play an important role, Ameesha feels comfortable keeping herself out of it.

She also says, "I could not do PR because I have never changed my character to please others. I have never campaigned for anyone. I have never pushed anyone down to get ahead. Maybe that is why I am still standing on my own two feet, and my feet are on the ground."

This shows that Ameesha's success is not only in acting, but also in the self-respect and clear thinking of a woman. In Bollywood, female artists have had to face insults, neglect or criticism many times, but some of them have made their own position through their strong mentality and honesty. Ameesha Patel is one of those people.

The success of 'Gadar 2' has not only given her a new momentum in her career, but has also brought her back to the limelight. In that discussion, she has emerged as a symbol of not just nostalgia, but a confident, conscious and outspoken woman in today's society.

In short, this interview with Ameesha Patel brings out the person behind the stars more clearly in front of the audience. In the crowd of glamorous, sometimes flimsy relationships of Bollywood, she seems to be an unassuming, thoughtful and stable being—one who knows how to express herself, how to move forward while remaining connected to her soil.

'I am willing to go to hell, but not to Pakistan!', Javed Akhtar's explosive comment again

MAY 19

JAZZBAAT NEWS DESK

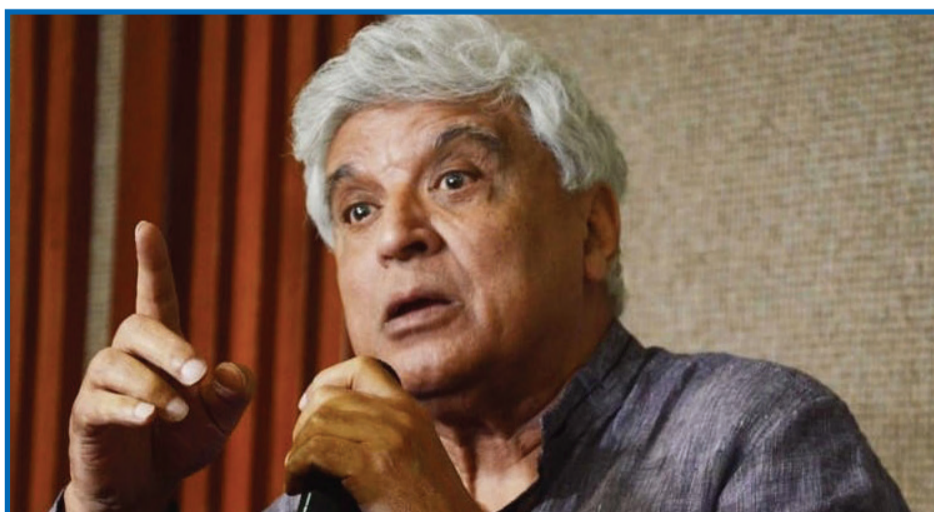
Bollywood's renowned lyricist and screenwriter Javed Akhtar attended the launch of Shiv Sena MP Sanjay Raut's new book 'Narkatla Swarg'. He has always been criticized for his explosive comments to people, Javed Akhtar himself spoke about his blunt nature today.

And in this discussion, Javed made another explosive comment. He said loudly that even if he has to go to hell, he is willing to do so, but he will never go to Pakistan.

Javed Akhtar said today how he has been condemned by conservative extremist groups from both Hindu and Muslim communities. He (Javed Akhtar) said, "People from both communities have abused me, it has not been one-sided. I will be very ungrateful if I do not admit that there are some people who praise me. Many people praise, support and encourage me at the same time. But it is the extremists from both communities who abuse me. This is true".

He also said, "A group calls me a heretic infidel, they say that I should go to hell. Another group tells me that I (Javed Akhtar) am a jihadi, I should go to Pakistan. If I am given only two options, Pakistan and hell, then I will choose hell."

Tensions between India and Pakistan are at an all-time high and it is in this context that his comments have once again stirred public sentiment. After India's Operation Sindoor, Pakistan has attacked India several times, and India has not stopped giving a befitting reply to all



the attacks. Recently, Javed Akhtar had appealed to the central government to take appropriate action against Pakistan's connection in the Pahalgaon terror attack. According to ANI, "This incident has happened not once, but many times before. I request the central government to take appropriate action. Dropping a few bombs on the border will not do anything. Now is the time to take

strong action. Do something so that the crazy army chief of Pakistan, no intelligent person can respond to this."

Javed Akhtar was a long-serving member of the Rajya Sabha from March 22, 2010 to March 21, 2016. He also became a member of the upper house of the Rajya Sabha on the recommendation and approval of the then President Pratibha Patil.

Sonu's remarks create controversy, new twist in interrogation

MAY 17

JAZZBAAT DESK

Popular singer Sonu Nigam has again found himself at the centre of controversy. A recent remark he made during a college function at Bengaluru has created a heated controversy. Following this remark, the Karnataka police have taken his statement. The saga started with the dastardly terrorist attack at Pahalgaon, Kashmir. Picking up from the backdrop of that attack, Sonu Nigam spoke these words on stage during the function, and it became a political and social debate.

It was on April 22 that there was a gruesome terrorist attack in the Baisaran Valley of Kashmir. Tourists were fired upon by the terrorists. 25 innocent individuals were killed. A local youth was also martyred in an attempt to save them. i.e., 26 individuals were killed in that attack. The attackers are said to have selectively attacked Hindu tourists with full knowledge of their religious identity. Within a few days of such a sensitive event, Sonu Nigam was present at a function in a college in Bengaluru. The function was on April 25 and 26.

When singing at the stage of East Point College of Engineering and Technology in Bengaluru's Varganagar, a young man kept asking Sonu to sing in Kannada. Sonu became agitated at one point and spoke in the microphone, "I have sung countless songs in many languages. I have sung in Kannada numerous times. When I visit Karnataka, I take respect, you give me love. I didn't like it, though, when a young man shouted 'Kannada, Kannada'. Such behavior resulted in events like the Pahalgaon attack." Sonu's remark went viral on social media.

While people made light of what he said, people understood it as a religiously abusive remark. Numerous grievances were lodged with the Bengaluru police. The police initiated an investigation based on the grievances. According to the Karnataka High Court, no harsh action can be taken against the singer for the present. The court simultaneously gave permission to record Sonu's remark on camera. The remark of the judge was that the singer does not need to be at the police station personally. In this sequence, the Bengaluru police visited Sonu's residence in Mumbai on Sunday and took his statement. Though there has not been an official statement from Sonu yet, sources informed that he is firm with his statement. He asserts that he never insulted any language or religion. Instead, he made an emotional remark following an undue shouting by a viewer.

Following this incident, there was also a hue and cry in the political scene.

Certain Kannada organizations called for severe action against Sonu. Conversely, certain Bollywood stars also issued their statements favoring Sonu. In their view, a controversy is being unnecessarily raked up regarding the statement of an artist. If an artist sings in numerous languages, he must be given respect. Talking about a view-



er's behavior does not equate to speaking against a whole language or a country. As per the experts, more caution should be exercised while speaking in public on sensitive topics such as the Pahalgaon attack. Because on the one hand, significant issues like national security and religious harmony, on the other hand, the effect of a popular artist's utterance is long felt in the hearts of the common masses. So, there can be a huge controversy out of a little lack of caution.

But even after this incident, no serious charges have been made against Sonu. According to the Karnataka High Court orders, an investigation is being carried out and work on recording the statement has been done. It has been told that disciplinary action cannot be taken against the singer until the investigation process is finished.

At the core of this whole incident, there exists just one question - whether an artist's reaction to a query or a call from a viewer is enough to create social and political controversy, then what should be his role as an artist. And also simultaneously, is such pressure or expectation from artists growing day by day in India, which is language and culture sensitive?

Time alone will tell. But till then, the controversy fire surrounding Sonu Nigam hasn't died down yet. Experts are of the view that the debate will go on based on the remark made by the singer and the response to it till the probe is completed.

All others are a 'renter' - whom did Bhajji target?

MAY 17

JAZZBAAT DESK

Harbhajan Singh brought fresh euphoria to the Indian cricket world at the onset of the second half of the IPL. In an interview, he complimented Dhoni and remarked, "Dhoni has a real fanbase. Everyone else is a renter, fans are arranged on social media with money." These words immediately generated a storm in the cricketing world. Even though nobody nominated him, going by the hour and situation, most are surmising that Virat Kohli was being targeted by Harbhajan's words. For, Virat has now retired from Test cricket as of now and an emotional and respectful environment has been generated around him at the Chinnaswamy Stadium.

Virat's Test retirement has gotten crores of fans in the nation emotional. On his departure, the whole stadium was attired in white and set to pay homage to him. Even though that idea could not be executed because of the weather, speculations regarding Kohli's retirement are on in each nook and corner of the nation. In all this, a lot of people are wondering whether Harbhajan's "rented fan" statement is a direct spoof on Virat. Because no other cricketer has lately found himself at the centre of such colossal fan passion.

Harbhajan and Virat Kohli also used to have a very genuine relationship. Both of them played together in the Indian team for a lot of time. But it can be imagined that a gap has grown between them with the passage of time. Some of Harbhajan's past statements also gave an indication of that. But the way he introduced Dhoni in the public as the "only real fan owner" and referred to the remaining fans as 'rented', has also raised many eyebrows.

particularly when he said, "If I say more about this, the discussion will go to the other side," many are understanding that he has gone out of his way to say much and yet say nothing. Some are opining that Harbhajan is indeed speaking from personal experience. The disdain he was neglected towards the end of his career, or some of the pent-up ire that he had in his heart, are now being uncovered in this manner.

But the controversy is - why such remarks against Kohli? Not just fan following, Kohli has performed on the field, won many matches for the nation, brought Test cricket to new heights. His aggressive captaincy, fitness mantra and his capacity to motivate his colleagues have revolutionised Indian cricket. When that Kohli will retire, his fans will be sentimental - it's natural. And is it on the



field or on social media that they become 'mercenaries'? Apart from that, the attendance of fans in Virat's games is not solely the work of social media or artificiality, it has also been testically proven. If Kohli walks out even in a minor Ranji game, the field's stands are packed. That ecstasy, that passion cannot be purchased with money at all. Instead, it is the yardstick of real popularity.

Most are stating that Harbhajan's quote is really a dig at Kohli disguised as praising Dhoni. Both Dhoni and Kohli are legends of Indian cricket. Their fans, however, tend to belittle one another on social media to make their idol greater. In this case, if Harbhajan, as a retired cricketer, gives bias remarks, then it will generate more buzz.

On the contrary, nobody questions Dhoni's popularity. Even when Dhoni enters the ground, the whole ground erupts. He is the epitome of calm, calm leadership. His fans think he is godly, that too is true. But can we look down upon Kohli's fans or their feelings are not genuine? The popularity and fan base of the duo might be different but both have their own space.

Another thing in this story is that Harbhajan has played for years with Dhoni as his captain and has won a few ICC tournaments. He naturally would have respect for Dhoni. But to demonstrate such respect by demeaning someone else,

particularly a recently retired teammate, is not only awkward but also incendiary.

Behind the performance that Indian cricket has acquired currently, numerous individuals such as Dhoni, Kohli, Rohit, and Bumrah have played a significant role. Nobody achieved this alone. Thus, aware fans feel that ridiculing someone while showing respect for another individual is against the oneness of cricket.

Ultimately, it can be said that numerous individuals are taking Harbhajan's remark as a strictly personal view.

But when cricket is emotional, personal views also create group tensions. Because no one has called anyone by name, those who are still blaming themselves are blaming themselves in the actual context of the situation. Harbhajan might have realized this heat and have said, "If we talk too much about this, the discussion will go the other way." But now the discussion has gone the other way. If there is any personal ego, past resentment or shadow of perception behind this statement, there is an issue of the time and manner to reveal it in the open. And such arguments establish yet again that Indian cricket is not just confined to the playing arena, it is a mix of emotion, competition, and pride, where every utterance fuels the fire of debate.

Smriti Mandhana century drives India to the final

MAY 18

JAZZBAAT DESK



On a sweltering Colombo afternoon, Indian women's cricket team opener Smriti Mandhana appeared to play a storm single-handedly. What she did when she stepped out to bat first in the final of the tri-series against Sri Lanka was not only a batsman's performance, but a flawless art. She delivered a breathtaking innings of 116 runs on 101 balls and brought the team to a mountainous score. Her bat produced 15 wide boundaries, and a strike rate of 115! On the back of this innings, India's average per 50 overs was a humungous mountain of 342 runs.

That is not a final match but a befitting testimony to the recent progress of the Indian women's cricket team. Mandhana's innings has so reached personal heights that it has become the fulcrum for the success of the team. Because of this century, she now holds the third position of being the highest scorer of the world women's cricket. She has now 11 centuries abroad - only Australia's Meg Lanning (15) and New Zealand's Suzie Bates (13) stand above her. It is certainly a source of pride to have such an Indian name in this list.

Though, the beginning was not smooth. Pratik Rawal and Smriti Mandhana began. Rawal began aggressively, scoring 49 runs off just 30 deliveries, but later lost her wicket to a wrong shot. But Mandhana never lost patience. Rather, with her maturity and experience in batting, she single-handedly carried on the innings. Just like she kept Sri Lanka's bowlers in pressure by hitting boundaries, she continued to keep the scorecard ticking with single scores.

Mandhana's innings was one of responsibility, temperament and intrigue. Drive, occasionally, cut - there was a sense of control and confidence in every stroke. None of the Sri Lankan bowlers were able to get underneath her. That was accompanied by Harmanpreet, Jenima, Dolan - who added to the partnership and kept the team's run rate intact.

The Indian team has only replaced one player in the team for today's final. Medium pacer Kranti Gowda has been given an opportunity in the absence of Suji Upadhyay. Experts opine that being given this opportunity will give a fillip to the confidence of the young Gowda. In contrast, the Sri Lankan

team has come onto the field with pressure. Without all-rounder Kavisha Dilhari, who is out with illness, their batting as well as bowling unit is short. Pumi and Inoka played instead, but they were not able to halt Mandhana in that manner.

Sri Lanka batted out and was put on the back foot from the start. As per the latest updates, they have scored 76 runs in 15 overs, two wickets down. The target is huge, and India's pace and spin attack is very strong. Rajeshwari Gaekwad, Poonam Yadav, Deepthi Sharma were eagerly waiting to prove their prowess.

This series has shown that the performance of the Indian team is now consistent and competing. Winning three matches out of four, the confidence of the team is at its best. This win is not only the final match of the series, but the key to a future that's long-lasting. The Indian women's cricket team is no longer coming on the field to play in the competition, they are coming to win.

Smriti Mandhana's performance has unveiled the face of present-day Indian women cricket - hard practice, strategic thought and focus. Not just playing shots on the ground, but every single run, every single partnership conceals the tale of a team's triumph.

Till now, there was some uncertainty about the Indian women's cricket team at the international level, but now that day has changed. Under the leadership of Harmanpreet, with the bat of Smriti, and the bowling of Deepthi-Rajeshwari, the team is now very mature. And this innings of the tri-series final is like the beginning of a new day from Smriti Mandhana's bat.

Currently, cricket fans are praying for just one thing - India winning the series by converting this huge score well. And this Smriti Mandhana performance will not be forgotten in the history of women's cricket for a very long time. Because every century is not a run, it becomes a reflection of a player's confidence, commitment and ambition.

Witnessing such a performance by India, all the teenage cricketers back home can now aspire. They can dream - yes, I too can achieve it someday. This is the inspiration, this is the true success.

Gujarat Titans to Sport Lavender Jerseys in Support of Cancer Awareness for IPL 2025

AHMEDABAD, MAY 19, 2025

PRATIKSHA GHOSH

In a landmark moment for Sikkim's sporting landscape, the Sikkim Cricket Ground in Mining has been equipped with high-tech LED floodlights, making it the first venue in the state capable of hosting day-night matches and live high-definition broadcasts.

The lighting system was officially unveiled on the evening of May 18 by Chief Minister of Sikkim Mr Prem Singh Tamang.

The Rs 12.2 crore project, entirely financed by the Government of Sikkim and implemented by the Sikkim Cricket Association (SICA), began in December 2024 and reached completion by April 18. The advanced system includes four 44-meter-high masts, each fitted with 64 powerful LED fixtures, totaling 256 lights. Each unit delivers 1.2 kilowatts of power, producing an impressive 2800 lux at the pitch - well beyond the standard needed for televised matches.

The inaugural ceremony drew a large gathering, including Justice Biswanath Somadder, Chief Justice of the Sikkim High Court, various other Cabinet Ministers, Members of the Legislative Assembly, the Chief Secretary, and other top government officials.

SICA President Tika Subba expressed heartfelt gratitude to the state government and the BCCI for their support. He says "Thanks to the government, with the help of the government as well as the BCCI, today we are able to install this historic floodlight".

He further addressed how inadequate lighting had long been a barrier to scheduling and quality gameplay, and how this installation marks a transformative chapter for cricket in the state.

To celebrate the occasion, a friendly T20 match was played between the SICA President XI and the Chief Secretary XI. The Chief Secretary XI batted first, scoring 121 runs for 9 wickets in 20 overs. The President's team chased down the target in 19.4 overs, securing a five-wicket win.

The new LED lighting system adheres to international standards and comes with a five-year warranty, promising durability and minimal maintenance.

In his remarks, Chief Minister Tamang also hinted at a possible upcoming visit by Prime Minister Narendra Modi. "We've received confirmation regarding the PM's visit, and several meetings



have been held. A tentative date has been set for May 29, though it is yet to be officially finalized," he stated.

This floodlight installation represents a significant leap forward for cricket in Sikkim, opening new possibilities for professional matches, broader visibility, and enhanced player experience.

Dream Sports Foundation Teams Up with UTT to Launch "Dream UTT Juniors" Tournament

NEW DELHI, MAY 19 2025

PRATIKSHA GHOSH

In a significant step towards nurturing young sporting talent in India, Dream Sports Foundation (DSF) has partnered exclusively with Ultimate Table Tennis (UTT) to launch Dream UTT Juniors, a first-of-its-kind under-15 table tennis league experience for budding athletes.

As the official Youth Development Partner of UTT, DSF will introduce the inaugural edition of Dream UTT Juniors, aiming to provide emerging table tennis players with early exposure to a professional league environment. The tournament is scheduled to take place alongside the sixth season of the UTT league in Ahmedabad, running from May 29 to June 8.

Harsh Jain, the CEO and Co-founder of Dream Sports, highlighted the initiative's broader

vision and says "At Dream Sports, our goal has always been to 'Make Sports Better'".

UTT, under the leadership of Vita Dani and Niraj Bajaj, has helped India's table tennis scene reach new heights globally. But to truly elevate the sport, we must begin at the grassroots. Dream UTT Juniors is a major step toward that - providing young athletes the platform they need to shine on the biggest stages, including the 2030 Youth Olympics and the 2036 Olympics.

Echoing the sentiment, Vita Dani, Co-promoter of UTT, said, "This partnership with DSF represents a shared commitment to strengthening Indian sport at its roots. With Dream UTT Juniors, we're not just creating a youth tournament, but

paving the way for India's future champions to grow within a world-class ecosystem."

The competition will feature the top 8 boys and top 8 girls selected from the recently concluded Dream Sports Championship Table Tennis 2025, a national-level U-15 tournament jointly organized by DSF and the Table Tennis Federation of India (TTFI). These 16 promising players have been drafted into the eight UTT franchises, giving them the chance to compete and train within the elite structure of India's premier table tennis league.

This initiative builds on the momentum generated by DSF's earlier youth-focused efforts and is expected to serve as a critical stepping stone in India's long-term sporting development strategy.

Sikkim Cricket Ground Shines Bright with Inaugural Floodlights

MAY 18

PRATIKSHA GHOSH

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